

CONCUSSION AND BRAIN HEALTH (CBH)

PROJECT 2021 – 2024



PARTICIPANTS NEEDED FOR VITAL RESEARCH

The Australian Institute of Sport, University of Sydney and University of Canberra are recruiting former elite non-contact/collision sport athletes for a study investigating brain health and function.

WHO WE ARE LOOKING FOR

- A retired elite male or female athlete (Commonwealth Games, Olympic Games, National representative levels) from a non-contact/collision sport such as rowing, swimming, track and field etc.
- Have not previously participated in organised contact or collision sports
- Over the age of 30
- Do not have a history of neurotrauma
- Able to undergo an MRI and are not claustrophobic (fear of enclosed spaces) or have any metal object in your body

WHAT IS REQUIRED

- Provide informed consent
- Complete a series of online surveys
- Opt in or out for data linkage
- Opt in or out of the brain donation research arm of this program led by Sydney Brain Bank
- An in-person assessment, including but not limited to, cognitive testing and a brain MRI scan

WHEN AND WHERE

Testing is conducted in Sydney.

BENEFITS FOR YOU

You will receive a comprehensive brain health assessment and feedback on your results. Other than that, there are no further direct individual benefits to you. Comparing data from retired non-contact/collision sport athletes to a general population and rugby league/union players will help build our knowledge of the impact concussions and benefit the future generations of athletes. You can request to receive an aggregate of the results at the completion of the study.

HOW TO TAKE PART

Email cbhproject@ausport.gov.au or visit concussioninsport.gov.au.

This research has been approved by the Human Research Ethics Committee at the University of Sydney. Protocol number: 2022/871

Testing is conducted in Sydney.

