NON-HEALTHCARE PRACTITIONER *OFF FIELD* (DAYS AFTER INCIDENT) CONCUSSION RECOGNITION DECISION TREE

AIS

Athlete with suspected concussion

SUBTLE SIGNS OF CONCUSSION

- Pale
- Difficulty concentrating
- Fatigue
- Sensitivity to light/noise
- Confusion, disorientation
- Memory impairment
- Nausea
- Headache or 'pressure in the head'
- Feeling slowed or 'not right'
- Dazed, blank/vacant stare
- Behaviour or emotional changes, not themselves

Review by healthcare practitioner

RED FLAGS

- Neck pain
- Increasing confusion, agitation or irritability
- Repeated vomiting
- Seizure or convulsion
- Weakness or tingling/burning in the arms or legs
- Deteriorating conscious state
- Severe or increasing headache
- Unusual behavioural change
- Loss of vision or double vision
- Visible deformity of the skull
- Loss of consciousness

NO

Review by healthcare practitioner

Rest, observation, graded return to sport protocol under healthcare practitioner guidance

YES

Immediate referral to emergency department

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