HEALTHCARE PRACTITIONER <u>ON FIELD</u> CONCUSSION MANAGEMENT DECISION TREE

Immediate referral to emergency department



Athlete with suspected concussion Signs of concussion: - Loss of consciousness - Dazed, blank/vacant stare Lying motionless for >5s Behaviour change, not themselves Falling unprotected to the playing Athlete reports significant, new or ON FIELD progressive concussive symptoms surface Seizure or tonic postures - Clutching their head Balance disturbance or motor Being slow to get up incoordination - Suspected facial fracture YES NO Athlete concussed Remove for sideline concussion Immediate removal from sport with no assessment return on that day SCAT 6 Evidence of structural intracranial Neurological examination pathology or spinal injury Use of video assessment if available (professional sport) NO YES SCAT 6 Evidence of No evidence of Neurological examination concussion concussion SIDELINE Removal from sport with Monitor and reassess as appropriate no return on that day Signs of neurological deterioration: Athlete may be returned to sport but must be closely Worsening headache monitored for evolving signs Emotionally labile of concussion or more serious Altered level of consciousness head injury Vomiting Reassess at half time/full time Focal neurological signs If any signs of concussion develop, the athlete must be

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permanently removed from

sport